



Lara...

In January 2013 I moved to Cooma in the NSW Snowy Mountains as a New Grad to start my career as a Physiotherapist. I moved here not knowing ANYONE and it truly was the best decision I have ever made!

The NSW Snowy Mountains has a lot going for it, especially if you're active. I currently snow ski, am the President of Cooma Netball Association, attend the local 24hr gym and play touch football.

In my spare time I try and head to the coast fishing and sunbaking, head up the Mountains to go bushwalking or go to Canberra for some retail therapy! The people are very friendly and Sapphire Coast Physiotherapy is a very supportive company to work for.

Sapphire Coast Physiotherapy is a very flexible and understanding company. They have adjusted my working hours to cater for community and sporting interests, have provided me with time away from work to attend professional development courses and have provided me with all the learning and support I needed as a new grad physiotherapist.